

We need your help!

Please complete the form below.

Name: _____

Address: _____

City: _____

State/Zip: _____

Work Phone: _____

Home Phone: _____

____ I would like to make a monetary donation of \$ _____

____ I would like information about volunteering

Requirements and Attitudes

Needed as a Volunteer:

*Understanding and empathy for victims of domestic violence

*A Confidentiality Contract will need to be signed and witnessed

*Volunteer Application/Board Member Application will need to be completed and approved by WRAP Staff, and possibly by the Board of Directors with a interview if applying to be a Board member.

*Depending on what you want to volunteer your time with, you may have to provide a proof of insurance, copy of current valid driver's license and pass a Background Check

*Willingness to comply with guidelines

*Non-judgmental Attitude

*Commitment to Non-violence

Training will be provided

Women's Rural Advocacy Program

WRAP– Yellow Medicine County:

***PO Box 1193**

Marshall, MN 56258

***Crisis & Business Line: 320-564-2422**

***E-mail:**

yellowmedicine@letswrap.com

WRAP– Lyon and Lincoln County:

***700 N. 7th St., PO Box 1193,**

Marshall, MN 56258

***Business Line: 507-532-9532**

*** Fax: 507-532-7361**

***Email: wraplyon@iw.net**

***Crisis Line: 800-639-2350 OR**

507-532-2350

WRAP– Redwood County:

*** PO Box 1193**

Marshall, MN 56258

***Crisis & Business Line: 507-637-3040**

*** Fax: 507-637-3610**

***Email: redwood@letswrap.com**



Community Partner

VISIT WRAP'S WEBSITE:

www.letswrap.com

Women's Rural Advocacy Program

**WE CAN HELP
BREAK THE CYCLE
OF VIOLENCE**



**Serving the women and children of
Lyon, Lincoln, Redwood, and
Yellow Medicine counties**

OUR MISSION

The mission of Women's Rural Advocacy Programs, Inc. (WRAP) is to provide safety; advocacy and assistance for those victimized by domestic violence in Southwest Minnesota; as well as community awareness through prevention and education. WRAP promotes social change through equality, honesty and an atmosphere of mutual trust and respect.

What is Domestic Violence?

USING INTIMIDATION: Making her afraid by using looks, actions, gestures *smashing things *destroying her property* abusing pets* displaying weapons

USING EMOTIONAL ABUSE: Putting her down *making her feel bad about herself *calling her names *making her think she is crazy *playing mind games *humiliating her *making her feel guilty

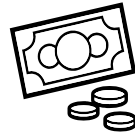
USING ISOLATION: Controlling what she does, who she sees and talks to, what she reads, where she goes *limiting her outside involvement *using jealousy to justify actions

MINIMIZING, DENYING, AND BLAMING: Making light of the abuse and not taking her concerns about it seriously *saying the abuse didn't happen *shifting the responsibility for abusive behavior *saying she caused it

USING CHILDREN: Making her feel guilty about the children *using the children to relay messages *using visitation to harass her *threatening to take the children away



USING MALE PRIVILEGE: Treating her like a servant *making all the big decisions *acting like the "master of the castle" *being the one to define men's and women's roles



USING ECONOMIC ABUSE: Preventing her from getting or keeping a job *Making her ask for money *giving her an allowance *taking her money *not letting her know about or have access to family income

USING COERCION AND THREATS: Making and/or carrying out threats to do something to hurt her *threatening to leave her, to commit suicide, to report her to welfare *making her drop charges *making her do illegal things

-FBI reports show that at least 4000 women are killed by their batterer's.

-It is estimated that between 20% to 50% of high school and college age dating couples have engaged in physical violence.

Services:

- Safe-housing
- Legal Advocacy
- Support Group
- Restraining Orders
- Safety Planning
- Court Assistance
- Transportation
- Community Education
- 24-hour Crisis Hotline

Volunteer Opportunities

- *Collect personal items for battered women and their children that are needed when they need to leave and go to a safe place (bathroom and laundry items)
- *Head up or participate in a fundraiser for WRAP (if wanting to head up a fundraiser, please make contact with WRAP first)
- *Contact (and collect, if needed) area grocery stores and gas stations asking them to donate gift cards for battered women and their children that would be needed in an emergency
- *Make copies of (in the Marshall office) and distribute WRAP information in either or all the counties (Lyon, Lincoln, Redwood and Yellow medicine)
- *Research grants, present to Staff and may have the opportunity to assist with applying for such grant/s
- *Contact beauty salons, etc., asking them to donate services to battered women/survivors and their children
- *Assist with moving or transporting battered women and their children
- *Become a Board Member