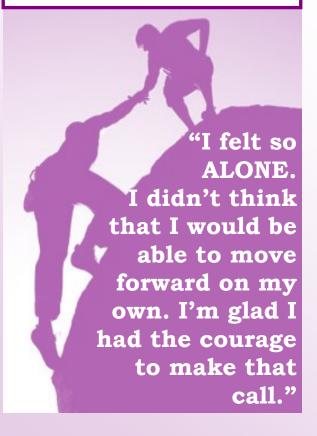
# Who WRAP Specifically Serves

Anyone who identifies themselves as someone who has experience abuse (physical, mental and/or emotional) by:

- spouse or former spouse;
- persons involved in a significant romantic or sexual relationship;
- persons living together or who have lived together in the past;
- persons who have or had a child in common (born or in utero) regardless of whether they were living together or ever married.

## All Services are Free & Confidential



# **WRAP**

# Office Locations & Contact Information

### **Lincoln/Lyon County**

\*Physical & Mailing address:
700 North 7th St., PO Box 1193
Marshall, MN 56258
507-532-2350 24/7 crisis \* 507-532-9532 bus
lincoln@letswrap.com \* lyon@letswrap.com

### **Redwood County**

\*Physical address: 615 S. Mill St. Redwood Falls, MN 56283
 \*Mailing: P.O. Box 1193
 Marshall, MN 56258-0993
 507-637-3040 24/7 crisis
 redwood@letswrap.com

## **Yellow Medicine County**

\*Physical & Mailing address: MN West Campus, 1593 11th Ave., Suite 260, Granite Falls, MN 56241 320-564-2422 24/7 crisis yellowmedpt@letswrap.com

24-Hour Toll Free Crisis Line: 1-800-639-2350

Visit our website at: www.letswrap.com



Serving all those affected by Domestic Violence in Lincoln, Lyon, Redwood & Yellow Medicine Counties.

## All are welcome here

No matter the gender, race, economic status, sexual preference, or religious beliefs

# WRAP is here to help

United Way of Southwest Minnesota United Way

**Proud Community Partner** 

physical violence, it is about establishing POWER & CONTROL over the person you are/or have been in an relationship with. The following are tactics often used:

#### **Intimidation**

Making victim afraid by using looks, actions, and gestures. Smashing things. Destroying property.

Abusing pets. Displaying weapons.

#### Isolation

Controlling what victim does, who they see and talk to, what they read, and where they go. Limiting outside involvement. Using jealousy to jusitfy actions.

#### **Emotional Abuse**

Putting them down. Making the victim feel bad about themself. Calling them names. Making victim think they are crazy. Playing mind games. Humiliating them.

Making the victim feel guilty.

#### **Economic Abuse**

Preventing the victim from getting or keeping a job.

Making them ask for money. Giving the victim an allowance. Taking their money. Not letting the victim know about or have access to family income.

#### **Sexual Abuse**

The victim is pressured or forced to participate in any sexual activity against their will.

#### **Using the Children**

Making the victim feel guilty about the children. Using the children to rely messages. Using visitation to harass the victim. Threatening to take the children away.

#### **Coercion and Threats**

Making and/or carrying out threats to do something to hurt the victim. Threatening to hurt the victim, commit suicide, or report them to welfare. Convience them to contact the prosecuting attorney talk to them about dropping charges.

Making the victim do illegal things.

#### Power/Privilege

Treating the victim like a servant. Making all the decisions. Acting like "master of the castle." Being the one to define relationship roles.

#### **Physical Abuse**

The victim is pushed, shoved, slapped, hit, punched or kicked, or objects are used as weapons against them.

# **Services Offered by WRAP**

- ▼ 24-Hour Crisis Line: Access to an Advocate, day or night, to discuss options or be a listening ear
- Safe Housing: Offer and discuss options for short and/or long-term emergency safe-housing
- ▼ Emergency Transportation: Provide access to transportation options to ensure safety and security
- ▶ Legal & Court Advocacy: Assist with the completion and filing of restraining orders, attend hearings with clients, inform clients about the court/ legal process, act as a form of support, and help process the outcome of the hearing afterward
- ▼ Safety Planning: Assist with setting up a personalized, practical plan that includes ways to remain safe while in a relationship, planning to leave, or after
- ▼ Information Referral: Connect those with self-identifying needs to resources and support services to help them get through, over or under hurdles they are facing
- ▼ Support Group: Support groups are available to those who have experienced abusive relationships. This can be in a group setting or one-on-one
- Community Education: Raising awareness about domestic violence & support services available for individuals and their families
- ▼ Systems Coordination: Walking along side of individuals, helping them to navigate their way through resources/community resources and or the court/criminal justice process
- Referral and Resources for those of Color: Access to culturally specific resources

Our advocates are available to talk with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.